

FIREWISE COUNCIL OF SOUTHWEST COLORADO

GO BAG INFORMATION & SAMPLE LISTS – This will give ideas and *suggestions* to get started on your personal KITS!

GO BAG – SAMPLE

Bag & ID
Emergency Radio/Batteries
Flashlight /Batteries
All Purpose Tool
Water Bottle (1 Gal. per person per pay)
Water purification tablets
Twine/Rope
Duct Tape
First Aid Kit (Standard)
Solar Blanket
Hand Warmers
Candles
Water Proof Matches
Pad Paper/Pencils/Pens
Medications – Prescription, non -prescription
Meds i.e. pain, diarrhea, allergy, antacid,
vitamins
Work Gloves

GO FILE - SAMPLE

Emergency Family Plan - To include communications, pre-established routes, maps, meetings places and/or shelters. Be sure all family members are informed and kept up to date of changes. Be sure family member or trusted friend, out of the area, has the plan as well and is included in the emergency contact list.

ID – Drivers License; Passport; Birth Certificate
Money; Credit Cards; Check Book – Banking information
Insurance Policies – Home; Health; Auto; Life; etc. with all agents' names & phone numbers
Wills; Advance Directives; Power of Attorney; etc.
Health Records; Vaccination Records; Copies of prescriptions
Physicians Names and Phone Numbers
Mortgage/Renters Info
Copy of your personal address, email & phone book data, computer file passwords

GO FOOD – SAMPLE

Non-perishable according to diet needs and restrictions

REMEMBER – MAKE THE PLAN: GATHER YOUR SUPPLIES & PRACTICE TWICE A YEAR ALONG WITH ROTATING YOUR SUPPLIES!
THIS MAY ONE DAY SAVE YOUR FAMILIES LIFE ~

Disposable Gloves
Toilet Paper/ Tissues
Tarp
Whistle
Flares
Hand Sanitizer
Sunscreen
Garbage Bags & Baggies

Children's Supplies/ Senior's Supplies/
Person's with Disabilities Supplies
(All age & function appropriate)
Ex: Coloring books; baby food & diapers
Medications; mobility issues

Pet Supplies – appropriate to your pet
i.e. leashes; food; meds; cat litter;
Vet records; etc.

GO CLOTHES/BEDDING - SAMPLE

Weather appropriate for area and time of year – This will force you to look at your supplies at least once a year!! Warm weather and Cold weather and also rotate, practice and update your plans and information! i.e. Rain gear vs. Snow gear !!

Personal clothing appropriate to gender/age
Sleeping bags
Pillows
Tarp

GO MISC. and PERSONAL NEEDS - SAMPLE

Cell phone & chargers
Reading glasses
Contacts & supplies
Personal toiletries/Towel/Soap Bar etc.
Feminine Products
All age and gender appropriate

WEB SITES FOR FURTHER RESEARCH

www.readycolorado.com

www.fema.gov

www.redcross.org

www.crh.noaa.gov/gjt/

www.ready.gov

www.emprep.com I found in research - I do not know about this company or their links.

EMERGENCY PLANNING TIPS

Disasters and emergencies of all types can happen anytime and anywhere. When an emergency strikes there may not be much time to respond. Proactive planning and preparation can be the key to surviving an emergency.



BE PREPARED

Six basic items should be stocked in every home: **water, food, clothing/bedding, first aid kit, tools/supplies and special items** (see checklist reverse). Keep items most likely needed during an evacuation in an easy-to-carry container. Possible containers include a large covered storage bin, backpack or duffel bag.

Put items in airtight plastic bags and store the emergency kit in a convenient place known to all family members. Consider keeping a kit in your vehicle as well. Evaluate contents of the kit and family needs at least once a year. Replace items as needed. For additional information regarding an all hazards approach to preparedness call the City of Colorado Springs Office of Emergency Management - **385-5957**.

MEET AND DISCUSS AS A FAMILY:

- Evacuation procedures
- Individual roles

PLAN HOW THE FAMILY WILL STAY IN CONTACT IF SEPARATED BY DISASTER:

- Decide on two meeting places - one outside of the home and one outside of the neighborhood
- Choose an out-of-state friend or relative that will act as a point of contact for everyone

MEET WITH NEIGHBORS:

- Plan how everyone will work together
- Consider how to help neighbors with special needs
- Make plans for children at home if parents can't return to the area

COMPLETE THESE STEPS:

- Post emergency phone numbers by every phone and program into cell phones
- Know how and when to shut off water, electricity and gas at main controls
- Install smoke and carbon monoxide alarms on each level of your home near bedrooms
- Make arrangements for animals, public shelters do not accept them

PERSONAL SAFETY SHOULD BE THE HIGHEST PRIORITY.

- During an evacuation, immediately follow instructions from fire, police, and emergency officials
- Learn alternate ways out of the neighborhood - plan and rehearse an escape plan
- Make a list of items to take with you - remember, you may only have a few minutes
- If told to evacuate immediately, take only essential items:
 - Medications/Prescriptions
 - Identification
 - Eyeglasses, dentures, hearing aids
 - Financial Resources - cash, credit cards, checks, bank cards

EMERGENCY PLANNING TIPS

ASSEMBLE AN EMERGENCY KIT FOR YOUR HOME AND ONE FOR EACH CAR. THE EMERGENCY KIT SHOULD INCLUDE:

WATER

- Store in a location that will prevent water from freezing.
- Avoid using containers that will decompose or break, such as wax milk cartons or glass bottles.
- Change your stored water supply every six months so it stays fresh.
- Store one gallon of water per person per day (two quarts for drinking, two quarts for food preparation/sanitation).
- Keep at least a three day supply of water for each person in the household.

FOOD

- Store at least a three day supply of non-perishable food.
- Select foods that are compact, lightweight, require no refrigeration, preparation or cooking and little or no water.
- Rotate stored food every six months.
- Ready-to-eat canned meats, fruits and vegetables, juices, milk, soup (if powdered, store extra water).
- Staples – sugar, salt, pepper.
- High-energy foods – peanut butter, jelly, crackers, granola bars and trail mix.
- Comfort/stress foods – cookies, hard candy, sweetened cereals, lollipops, instant coffee, and tea bags.

CLOTHING/BEDDING

- Include at least one complete change of clothing and footwear per person.
- Sturdy shoes or work boots
- Hat and gloves
- Sunglasses
- Thermal underwear and rain gear
- Blankets or sleeping bags

FIRST AID

- | | | |
|---------------------------------------|--------------------------------|--|
| • Sterile adhesive bandages | • Needle | • Latex gloves (2 pair) |
| • Triangular bandages | • Moistened towelettes | • Sunscreen |
| • Sterile gauze pads (assorted sizes) | • Antiseptic | • Aspirin or non-aspirin pain reliever |
| • Hypoallergenic adhesive tape | • Thermometer | • Anti-diarrhea medication |
| • Scissors | • Medicine dropper | • Antacid (for stomach upset) |
| • Tweezers | • Safety pins (assorted sizes) | • Prescription drugs |
| | • Cleansing agent/soap | |

TOOLS AND SUPPLIES

- | | | |
|--|-------------------------------------|------------------------------|
| • Plastic cups, plates and utensils | • Tent | • Plastic storage containers |
| • Battery operated radio & flashlights | • Pliers | • Signal flare |
| • Extra batteries | • Tape | • Paper & pencil |
| • Non-electric can opener | • Compass | • Needles & thread |
| • Utility knife | • Wrench to turn off gas and water | • Whistle |
| • Fire extinguisher – ABC type | • Matches in a waterproof container | • Plastic sheeting |
| | • Aluminum foil | |

SPECIAL NEEDS

Important Documents (keep in waterproof, portable container)

- Cash, change, or travelers checks
- Important telephone numbers
- Will, insurance policies, contracts
- Social Security Cards/Bank numbers
- Inventory of valuable household goods
- Family records (birth/marriage/etc.)

For Adults

- Denture needs
- Extra eye glasses
- Contact lenses and supplies
- Medications
- Oxygen

For Babies

- Formula/Bottles/Powdered Milk
- Medications
- Diapers

For Pets

- Extra food
- Medications

Sanitation

- Plastic bucket with tight lid
- Toilet paper & towelettes
- Plastic garbage bags & ties
- Soap
- Personal hygiene items
- Disinfectant
- Household chlorine bleach

EVACUATION PLANNING

Planning for an evacuation should occur well before an emergency happens. Because a wildfire is a dynamic event, there will potentially not be much time for homeowners to respond an evacuation order. It will be important for people to think clearly and act decisively when they are told to evacuate.



HAVE A PLAN

The first step in preparing for an emergency is to have a plan. Determine how you will respond to an evacuation order and make sure everyone in the home is familiar with the plan.

- Establish Escape Routes based on fire behavior
- Have a back-up plan - **Know two ways out**
- Identify Safety Zones
- Pre-determined family meeting place
- Plan and practice

WHEN TO EVACUATE

There are a number of ways that citizens will be informed about an emergency in your area. If you receive notice to evacuate, it is important to respond immediately. Waiting, or choosing not to evacuate, when told to leave can put you and your family in danger. Some of the ways that information will be communicated to the public include:

- Local TV and Radio
- Emergency Alert System (EAS)
- Emergency Notification System (ENS)
visit www.elpasoteller911.org for more information and to register cell phone numbers
- Emergency Personnel

PREPARING FOR IMMEDIATE EVACUATION

As soon as you are alerted to an emergency in your area, follow these steps and be prepared to leave immediately:

- Back the car into the garage, roll the windows up, and leave the keys in the ignition
- Close garage door and set it for manual operation
- Load important documents, pets, valuables, evacuation kit, prescriptions into the car
- Take only **one** vehicle - stay together
- No boats or RV's
- Wear long pants, long sleeves, and sturdy shoes

DURING EVACUATION

Conditions during an evacuation can be very disconcerting. It is important to stay calm, think clearly, and to avoid panic. Evacuating early and away from the emergency is recommended, however if you can not **safely** evacuate, follow these guidelines:

- If you become trapped by fire, seek refuge in structure
- If you are trapped in your vehicle, park in clear area, close windows and vents, cover up with a blanket on the floor
- If on foot, find clear area, lay down on the ground, protect airway

Evacuation → Structure → Vehicle → Foot

EVACUATION PLANNING

IF YOU HAVE TIME

If you become aware of a developing emergency, but your area is not yet directly affected, you may have time to take some action to increase your home's survivability.

- Attach garden hoses to reach around the entire house
- Fill sinks, tubs, etc.
- Place a ladder against house away from the fire
- Close windows and doors
- Turn lights on
- Move furniture to the interior

PETS AND LIVESTOCK

In planning for an evacuation, don't forget to plan for your pets and livestock.

- Plan ahead
- Make sure pets have ID tags or a microchip
- Make arrangements in case you are not at home
- Don't turn animals loose
- Take pet supplies to last at least 72 hours

EMERGENCY KIT - PLAN FOR AT LEAST 72 HOURS

Following a disaster, emergency workers may not be able to respond to your needs right away. Officials recommend that families stock enough supplies to last at least three days.

The 72-Hour Emergency Kit should be individually tailored to meet the basic survival needs of your family for three days to a week. Take into consideration any special needs such as infants and elderly, persons with disabilities and pets. It is recommended that you store your emergency supplies in one location that is relatively safe, yet easily accessible and portable if evacuation is required. Rethink your kit and family needs at least once a year and replace items as needed.

For more information on preparing an Emergency Kit, see "Emergency Planning Tips"

FOR MORE INFORMATION:

FireWise - Colorado Springs Fire Department:	http://csfd.springsgov.com
Colorado Springs Office of Emergency Management:	http://www.springsgov.com
Department of Homeland Security:	http://www.ready.gov/
American Red Cross:	http://www.redcross.org/
Colorado Division of Emergency Services:	http://www.dola.state.co.us
Humane Society of the United States:	http://www.hsus.org
Pikes Peak Humane Society:	http://www.hsppr.org